

# Indiana County

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Date: July 16, 2018

Media Contact: Barbara Hauge, 724-422-1749

FOR IMMEDIATE RELEASE

### **Saltsburg WalkWorks Route Kick-off Event**

**Indiana County, PA (July 16, 2018)** - The Indiana County WalkWorks Program invites you to the Kick-off event for the new WalkWorks walking routes located in Saltsburg Borough on Thursday, July 19<sup>th</sup> at 6:30 pm. The meeting location for this 1 mile walking route is the Saltsburg Playground near the West Penn Trailhead on Water Street.

Join us to celebrate our newest WalkWorks Walking Route in Indiana County. Wear your walking shoes as we walk through beautiful Downtown Saltsburg! Every Thursday at 6:30pm you can join the group leader for their regular walks along this Downtown Walking Route.

In addition to the Downtown walking route, Saltsburg also has an Uptown walking route. The Uptown route meets every Tuesday at 6:30pm at the Saltsburg Library and walks the 1.2 mile Uptown Route.

This is the 9<sup>th</sup> walking route for Indiana County. For more information about our WalkWorks routes and being active in Indiana County, please visit our website at <http://icopd.org/indiana-county-walkworks-program.html>. You can also follow us on Facebook at <https://www.facebook.com/IndianaCountyWalkWorks/>

For information on being active in Indiana County, please like our Facebook page for the Indiana County Walking Decathlon for local opportunities to be active. <https://www.facebook.com/groups/584040771792619/>

The Indiana County WalkWorks program is a collaboration with the Indiana County Office of Planning & Development, Pennsylvania Department of Health, and the University Of Pittsburgh Graduate School Of Public Health to increase opportunities for physical activity across Indiana County. This grant-funded program provides planners opportunities to partner with local communities to identify walking routes and form sustainable walking groups with the ultimate goal of improving the health of county residents.

For more information on Indiana County WalkWorks Program, please visit the Indiana County Office of Planning & Development's website at <http://icopd.org/indiana-county-walkworks-program.html>. There are 9 WalkWorks walking routes in Indiana County: Blairsville, Clymer, Ernest, Glen Campbell, Homer City, IRMC, White Township, Indiana Borough and Saltsburg. Any questions please call, Indiana County WalkWorks Program Manager, Barbara Hauge at 724-422-1749 or email [bhaug@upstreetarchitects.com](mailto:bhaug@upstreetarchitects.com)