

# Indiana County Office of Planning & Development

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Date: May 17, 2018

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FOR IMMEDIATE RELEASE

## Bicycle Safety Toolkits at May 19<sup>th</sup> Saltsburg Bike Ride

INDIANA, PA (May 14, 2018) A limited number of FREE Bicycle safety toolkits will be available for adults at the May 19<sup>th</sup> Bike Ride with David Conrad event in Saltsburg. Join us as the Indiana County Decathlon partners with PennDOT to hold the event. Folks who participate in a survey will receive a bicycle toolkit.

PennDOT District 10-0 is distributing these Bicycle Safety Toolkits in Indiana County to promote Biking during May's National Bike Month. The toolkits are part of an educational outreach effort to improve safety education, and communication between riders and motorists. The kits include items such as: bicycle reflectors, tire repair kits and blinking clip-on lights.

This fun and free program will provide an opportunity to ride on the West Penn Trail, hear stories about the trail and have fun! Bring your bike, helmet and water to join us! It is part of the 2<sup>nd</sup> Annual Indiana County Decathlon that offers walking and active programs to increase physical activity to folks in Indiana County.

TV actor David Conrad will be joining through FaceTime to provide a greeting to the crowd from London where he is participating in a play at the National Theater to bring to life the Steel History of Pittsburgh.

*The Indiana County Decathlon is part of the WalkWorks program, which is a collaboration between the Indiana County Office of Planning & Development, Pennsylvania Department of Health, and the University of Pittsburgh Graduate School of Public Health to increase opportunities for physical activity across Indiana County. Through this grant funded program, planners partner with local communities to expand active transportation networks with the ultimate goal of improving the health of county residents.*

*More information on the Indiana County Decathlon is available at our Facebook Page Indiana County Walking Decathlon.*

Specific questions should be directed to **BARBARA HAUGE 724-422-1749.**

-----NOTHING FOLLOWS-----

