

The 4th annual **Indiana County Decathlon** makes being active February to early June **easy & fun**.

Track your progress, get credit for participating, and be eligible for our prize drawing!

# see participation card for other ways to earn stamps!

BE ENTERED INTO A RAFFLE FOR PRIZES BY TURNING IN PARTICIPATION CARDS WITH 10 OR MORE STAMPS TO THE YMCA ON BEN FRANKLIN ROAD BY JUNE 5TH. PRIZES WILL BE DRAWN AT 1PM DURING NATUREPALOOZA JUNE 6TH, 2020.

#### Chili Walk to Warm Up Winter Blues\*

Saturday, February 8<sup>th</sup> at 10am Meet: Lakeside Center at Blue Spruce Park, Indiana PA

Join us for the Kick Off Event to learn the details of the Indiana County Decathlon followed by a winter walk with Ray Winstead and Ed Patterson then warm up with a cup of chili. Plus earn your first stamp. Easy on paved areas and/or Moderate walk on trails.



## Recycling Center Tour

Saturday February 22<sup>nd</sup> at 10am
Meet: 1715 US 119, Homer City PA
What happens with our recycling once
in the bin and at the curb? How can
I recycle an old 'whatever'? Join the
staff of the recycling center for a tour
of the facility.

### Christmas Tree Capital Walk

Saturday, February 29<sup>th</sup> at 1pm Meet: 744 Hudson Road, Creekside PA Gregg Van Horn will lead us on a rugged walk through a Christmas Tree farm and teach us what it takes to be the 'Christmas Tree Capital of the World'. We'll learn about the varieties of the trees and the work that goes into making a perfect Christmas Tree.

#### Irish Walk & Roll on the Clymer Trail

Saturday, March 14th at 10am
Meet: Lee St Park (near basketball
court) in Clymer PA
Wear your green and bring your
walker, wheelchair, stroller, and cane
for a Walk N Roll Stroll. This beautiful,
paved trail in Clymer is easy to
navigate. Come and walk or roll as
far as you are able or the round-trip
3 miles. There are benches along the
path for resting.

#### Trail of the Year! Trek\*

Sunday, March 15th at 1:30pm

Meet: Ghost Town Trail-head parkinglot near Main Street, Vintondale PA
The Ghost Town Trail has been named
PA's 2020 Trail of the Year! Celebrate
this designation with a walk on
the Rexis Branch with Parks & Trails
Director Ed Patterson. Enjoy the scenic
beauty and hear stories of the trail.

#### **Tour IUP Campus Public Tour**

Saturday, March 28<sup>th</sup> at 10am

Meet: Stapleton Library of IUP Campus
IUP has great facilities and hundreds
of programs, lectures, concerts and
athletic events that are open to the
public – many of them free! Let's go
on a walk through campus with an IUP
representative to learn about all the
opportunities available to students
and the community.

#### Coyote Walk with Game Warden

Saturday April 18th at 10am

Meet: Blairsville Riverfront Trail at
South Water & West Brown Streets in
Blairsville PA

Game Warden Chris Reidmiller will lead a walk on the Blairsville Riverfront Trail and talk about Coyotes. Learn about their preferred habitat, their life cycle and their biology.

-- brought to you by







For more information, email bhauge@upstreetarchitects.com or visit us on Facebook at Indiana County Walking Decathlon.

