

Indiana County Office of Planning & Development

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Date: February 3, 2020

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FOR IMMEDIATE RELEASE

Announcing the Fourth Annual Indiana County Decathlon

INDIANA, PA (February 3, 2020) The 4th annual Indiana County Decathlon is a fun way to explore our county parks and discover other great places to be active by participating in active events. Get moving between February 8, 2020 and June 6, 2020, earn stamps toward prizes and take some Steps to a Healthier You!

The Indiana County Decathlon is coordinated by an advisory group of interested residents in cooperation WalkWorks, the YMCA of Indiana County, Indiana County Parks & Trails and the Indiana County Active Transportation Advisory Committee (ICATAC).

Decathlon Kick Off event on Saturday, Feb 8th, 10:00 am at the Blue Spruce Park Lakeside Center See our Facebook Page: @IndianaCountyWalkWorks

Participation cards are available at all of our events and at the YMCA of Indiana County.

Most of the events are scheduled for Saturdays, but there are a few scheduled throughout the week. The events that are planned for this year's decathlon are on the following dates and times:

February 22 at 10 a.m. **Recycling Center Tour.** Meet 1715 U.S. 119, Homer City

February 29 at 1 p.m. **Christmas Tree Capital Walk.** Meet 744 Hudson Road, Creekside

March 14 at 10 a.m. **Irish Walk & Roll on the Clymer Trail.** Meet at Lee Street Park (near basketball court) in Clymer

March 15 at 1:30 p.m. **Trail of the Year! Trek.** Meet at Ghost Town Trail-head parking lot near Main Street in Vintondale

March 28 at 10 a.m. **IUP Campus Public Tour.** Meet at Stapleton Library of IUP Campus.

April 18 at 10 a.m. **Coyote Walk with Game Warden.** Meet at Blairsville Riverfront Trail at South Water and West Brown Streets in Blairsville

April 18 time TBD **Family Fitness Challenge at Healthy Kids Day.** Meet at Indiana County YMCA at 60 North Ben Franklin Road, Indiana

April 25 at 10 a.m. **Historical Walk through Indiana Borough.** Meet at Indiana County Historical & Genealogical Society Library at 621 Wayne Avenue, Indiana

May 2 at 1 p.m. **Photography Walk on Wood Duck Trail.** Meet at Hemlock Lake Park, 1420 SDA Camp Road, Rossiter

May 3 at 1 p.m. **Spring Tree Walk in Saltsburg.** Meet at Saltsburg Playground on Water Street in Saltsburg

May 9 at 10 a.m. **Tanoma Wetlands Tour.** Meet at Tanoma Wetlands, 3900 Rayne Church Road, Tanoma

May 16 at 10 a.m. **Oakland Cemetery Tour.** Meet at Elkin Mausoleum off Oakland Avenue, Indiana

May 20 at 6 p.m. **Walk at Buttermilk Falls.** Meet at 570 Valley Brook Road, New Florence

May 23 at 10 a.m. **Homer City Caboose & Hoodlebug Walk/Ride.** Meet at Homer City Historical Society 240 North Main Street, Homer City

May 30 at 9 a.m. **Spring Tree Hike with a Forester.** Meet at Lakeview Pavilion at Yellow Creek State Park, Penn Run, PA

June 5 at 8:30 p.m. **Full Moon Howl Hike at Yellow Creek.** (Preregistration is required by emailing Lisa Meadows at limeadows@pa.gov by 6/2/2020) Meet at Environmental Learning Center at Yellow Creek State Park, Penn Run

Participate in our events (FREE), walk in our county parks (FREE), join a WalkWorks walking group (FREE) or exercise at the YMCA to earn stamps on your participation card. On 17 of the spaces, earn stamps by participating in the Events, 4 spaces list other opportunities to earn stamps on your own like walking on county parks/trails, on any of our WalkWorks routes OR exercising for at least 20 minutes at the YMCA of Indiana County.

Turn in your card with 10 stamps and your name and phone number at the YMCA front desk by June 5th to be entered into a raffle for prizes. Raffle will take place at Nature Palooza at Blue Spruce on Saturday, June 6th at 1pm. Winners need not be present to win.

The WalkWorks program creates walking groups in communities to provide opportunities for physical activity. Currently there are 9 walking routes across Indiana County in Blairsville, Ernest, Glen Campbell, Homer City, White Township, Indiana Borough, Clymer Borough, Saltsburg Borough and at IRMC.

The Indiana County WalkWorks program is a collaboration between the Indiana County Office of Planning & Development, Pennsylvania Department of Health, and the University of Pittsburgh Graduate School of Public Health to increase opportunities for physical activity across Indiana County. Through this grant funded program, planners partner with local communities to identify walking routes and form sustainable walking groups that will enhance and expand active transportation networks with the ultimate goal of improving the health of county residents.

More information on our WalkWorks Walking Routes, is available on the Indiana County Office of Planning & Development's website <http://icopd.org/indiana-county-walkworks-program.html> and social media platforms: [YouTube](#); [Twitter](#); [Instagram](#); [Facebook](#). Or Find us on Facebook: WalkWorks in Indiana County.

For information on sponsoring the Indiana County Decathlon, please email bhaug@upstretarchitects.com

-----NOTHING FOLLOWS-----