

# 2022



Join us for **FREE** events

All are welcome!

The 6th annual **Indiana County Decathlon** makes being active February to June **easy & fun**.

Post your activities on our Facebook with **#ICDecathlon2022** and be **eligible for prizes!**

ENTER INTO OUR RAFFLE BY SIGNING IN AT IN-PERSON EVENTS, OR BY POSTING ON THE INDIANA COUNTY WALKING DECATHLON FACEBOOK PAGE WITH **#ICDECATHLON2022** BY JUNE 3RD. PRIZES WILL BE DRAWN AT 1PM IN THE BLUE SPRUCE PARK GAZEBO DURING NATUREPALOOZA JUNE 4TH, 2022. ONE PRIZE PERMITTED PER PERSON.

### Hot Chocolate Walk

Saturday, February 5<sup>th</sup> at 10am

Meet: Pavilion #1 at Blue Spruce Park, 1128 Blue Spruce Rd, Indiana, PA  
Join us for the Kickoff Event to learn the details of the 6th Annual Indiana County Decathlon followed by a winter walk with Ray Winstead or Barb Hauge. Then warm up with a cup of Hot Chocolate. Easy walk on paved area and/or Moderate walk on trails. Please dress appropriately for the winter  .

### Mural Walk of Blairsville

Saturday, March 12<sup>th</sup> at 10am

Meet: 138 E. Market St., Blairsville, PA  
Join David Janusek for a tour of the Blairsville murals. Painted in fall 2021, they celebrate the character, history, and nature of Blairsville. *Find map at [creativespacescollective.com](http://creativespacescollective.com) & [icopd.org](http://icopd.org)*

### Jim Nance Walk

Saturday, April 2<sup>th</sup> at 10am

Meet: Chevy Chase Community Center, 670 N 5th St., Indiana, PA  
Learn about famed athlete and IHS graduate Jim Nance; explore his hometown and the street named in his honor. *A self-guided tour map is available at [icopd.org](http://icopd.org).*

### Big Night for Salamanders

Saturday, March 19<sup>th</sup> at 7pm

Meet: Yellow Creek State Park Environmental Learning Center  
Join FOP for a short presentation on spring time salamanders and drive to vernal pool areas of the park to check salamander migration. Dress for the weather, wear waterproof shoes, and bring a flashlight. This program is geared for ages 10 & up. *\*Pre-register by 3/17/22.*

### Finding Your Inner Child: Adult Salamander Walk

Saturday, April 2<sup>th</sup> at 1pm

Meet: Yellow Creek State Park Environmental Learning Center  
Did you love jumping in the creek as a kid and looking for salamanders, turtles, and snakes? In this program, you will have the opportunity to relive those days of youth searching through the wetlands and woodlands of Yellow Creek. This program is only for adults, age 18+. *\*Pre-register by 3/31/22.*

POST ON FACEBOOK WITH  
**#ICDecathlon2022**

TO BE ENTERED IN A DRAWING FOR PRIZES!

### Walk Through the Lens

Saturday, March 5<sup>th</sup> at 1pm

Meet: Environmental Learning Center, Yellow Creek State Park  
Join local photographers Anthony Frazier, Cheri Widzowski and James Lafontaine to learn what makes them stop and take a picture. Sights will include the pond, woodland and meadow.

### Emerald Anniversary Walk

Saturday, March 26<sup>th</sup> at 10am

Meet: Lodge at Pine Ridge Park, 1055 Chestnut Ridge Rd., Blairsville, PA  
Ed Patterson, Director of Indiana County Parks & Trails, leads a walk along Tom's Run and part of Tom's Run Trail. The walk highlights periods of the county park system's 55 years (Emerald Anniversary), including its lodge, pavilions, disc golf, and trout stream.



brought to you by



For more **information** or for **self-guided flyers** and additional walks, visit us on **Facebook** at Indiana County Walking Decathlon or **online** at [icopd.org](http://icopd.org), then click the Decathlon logo.  
**Questions?** Email [bhaug@upstreetarchitects.com](mailto:bhaug@upstreetarchitects.com)

see if the event is for you.

LEVEL OF DIFFICULTY 

 easy

 moderate

 difficult

**Skydance: The Dance of the Woodcock** 

Friday, April 8<sup>th</sup> at 7pm

Meet: Yellow Creek State Park Environmental Learning Center  
Spring is in the air as one of PA's most unusual birds starts its fascinating mating ritual featuring aerial acrobatics. Join FOP for a short talk and then a wildlife hike to search for woodcocks. Recommended for ages 8 & up. Dress for the weather; wear long pants, hiking shoes. Bring a flashlight. \*Pre-register by 4/6/22.

**Public Tour of IUP Campus** 

Saturday, April 9<sup>th</sup> at 10am

Meet: Stapleton Library, IUP Campus, Indiana, PA  
IUP has great facilities and hundreds of programs, lectures, concerts and athletic events that are open to the public – many of them FREE! Let's go on a walk through campus with an IUP representative to learn about all the opportunities available to students and the community.

**Scavenger Hunt Bingo in White's Woods (self-guided)** 

Suggested: Saturday, April 16<sup>th</sup>

Begin: North 12<sup>th</sup> St. entrance of White's Woods, Indiana, PA  
Print the map and bingo sheet found on [icopd.org](http://icopd.org). Follow the route listed on the map then check off the items you find. Post a photo of the completed card on our Facebook page with #ICDecathlon2022 to be placed into our prize drawing!

**Indiana County Walks Day - Virtual 5K (On your own, choose your difficulty!)**

Saturday, April 23<sup>th</sup>

Visit a new or favorite park or trail. Enjoy a walk, run or bike ride with your friends and neighbors on this day proclaimed by the Indiana County Commissioners as "Indiana County Walks Day".

**Intro to Disc Golf** 

Saturday, April 23<sup>th</sup> at 10am

Meet: In front of S&T Arena, 495 East Pike Rd., Indiana, PA  
Learn the basics of Disc Golf including the rules, how to read the maps, throwing techniques and etiquette! Al Borowski and others will provide an overview of this great family activity for the young and young at heart.

**Family Fitness Challenge at Healthy Kids Day** 

**NEW DATE** Saturday, April 23<sup>rd</sup> at 10am

Meet: Indiana County YMCA, 60 N. Ben Franklin Rd., Indiana, PA  
Enter a fitness challenge created by IUP Exercise Science students that challenges families with activities to test your strength, endurance, balance, coordination, cooperation and problem solving skills. For more information about the event, please call Daniel Roan YMCA of Indiana County at (724) 463-9622.

**Spring Wildflower Stroll** 

Sunday, May 1<sup>st</sup> at 11am

Meet: Yellow Creek State Park Office  
Spring ephemerals are wildflowers that complete their life cycle before the plants around them flush out. Join us for a leisurely stroll to spot these beauties and learn more about them. \*Pre-register by 4/28/22.

**Heritage Tour of Saltsburg** 

Saturday, May 7<sup>th</sup> at 10am

Meet: Playground on Water St., Saltsburg, PA  
Join local historian, Jack Maguire on a historical tour of the heritage of Saltsburg. The tour will explore the history and heritage of the town's name and early industries.

**Explore Old Smicksburg Park** 

Saturday, May 14<sup>th</sup> at 10am

Meet: Old Smicksburg Park, Smicksburg, PA  
Join Ed Patterson, Director of Indiana County Parks & Trails for a walk through Old Smicksburg Park and learn about all of the special qualities of this county park. After the walk, enjoy a tour of the Heritage Center in Smicksburg.

**Jimmy Stewart's Birthday Walk** 

Friday, May 20<sup>th</sup> at 5:30pm

Meet: Jimmy Stewart Museum, 835 Philadelphia St., Indiana, PA  
Celebrate the 114<sup>th</sup> birthday of Jimmy Stewart with a fact-filled walking tour of the great places around his hometown. Led by a Jimmy Stewart Museum volunteer. A self-guided tour map is available at [icopd.org](http://icopd.org).

**Oakland Cemetery Tour** 

Saturday, May 21<sup>st</sup> at 1pm

Meet: Elkin Mausoleum off Oakland Ave., Indiana, PA  
Join Professors Stacey & Kevin Patrick for a tour through Oakland Cemetery interpreting common grave marker forms, materials, styles, and symbols. Explore the cemetery as a rich resource in understanding local histories. More information available at [icopd.org](http://icopd.org).

**Nature Palooza 2022** 

Saturday, June 4<sup>th</sup> from 9am – 3pm

Meet: Blue Spruce Park  
1128 Blue Spruce Rd, Indiana, PA  
Join the Children's Advisory Commission for a fun-filled nature exploration day at Blue Spruce Park. There will be outside hiking, biking, live animals, games, fishing, a scavenger hunt, and many more outside activities. At 1pm in the Gazebo the Indiana County Decathlon committee will draw prizes for Decathlon participants who posted their photos to the Facebook page with #ICDecathlon2022.

----- **WE HOPE TO** -----  
**SEE YOU THERE !**

 in cooperation with  
**FRIENDS OF THE PARKS**

Space is limited. Pre-register by emailing Lisa Meadows at [limeadows@pa.gov](mailto:limeadows@pa.gov) with name, phone, and number in your party. Find more events with Friends of the Parks (FOP) at: [indianacountyparks.org](http://indianacountyparks.org)