

2020



Join us for FREE events

All are welcome!

The 4th annual **Indiana County Decathlon** makes being active February to early June **easy & fun.**

Track your progress, **get credit for participating,** and **be eligible for our prize drawing!**

see participation card for other ways to earn stamps!

BE ENTERED INTO A RAFFLE FOR PRIZES BY TURNING IN PARTICIPATION CARDS WITH 10 OR MORE STAMPS TO THE YMCA ON BEN FRANKLIN ROAD BY JUNE 5TH. PRIZES WILL BE DRAWN AT 1PM DURING NATUREPALOOZA JUNE 6TH, 2020.

Chili Walk to Warm Up Winter Blues*

Saturday, February 8th at 10am

Meet: Lakeside Center at Blue Spruce Park, Indiana PA

Join us for the Kick Off Event to learn the details of the Indiana County Decathlon followed by a winter walk with Ray Winstead and Ed Patterson then warm up with a cup of chili. Plus earn your first stamp. Easy on paved areas and/or Moderate walk on trails.



Recycling Center Tour

Saturday February 22nd at 10am

Meet: 1715 US 119, Homer City PA

What happens with our recycling once in the bin and at the curb? How can I recycle an old 'whatever'? Join the staff of the recycling center for a tour of the facility.

Christmas Tree Capital Walk

Saturday, February 29th at 1pm

Meet: 744 Hudson Road, Creekside PA

Gregg Van Horn will lead us on a rugged walk through a Christmas Tree farm and teach us what it takes to be the 'Christmas Tree Capital of the World'. We'll learn about the varieties of the trees and the work that goes into making a perfect Christmas Tree.

Irish Walk & Roll on the Clymer Trail

Saturday, March 14th at 10am

Meet: Lee St Park (near basketball court) in Clymer PA

Wear your green and bring your walker, wheelchair, stroller, and cane for a Walk N Roll Stroll. This beautiful, paved trail in Clymer is easy to navigate. Come and walk or roll as far as you are able or the round-trip 3 miles. There are benches along the path for resting.

Trail of the Year! Trek*

Sunday, March 15th at 1:30pm

Meet: Ghost Town Trail-head parking-lot near Main Street, Vintondale PA
The Ghost Town Trail has been named PA's 2020 Trail of the Year! Celebrate this designation with a walk on the Rexis Branch with Parks & Trails Director Ed Patterson. Enjoy the scenic beauty and hear stories of the trail.

Tour IUP Campus Public Tour

Saturday, March 28th at 10am

Meet: Stapleton Library of IUP Campus
IUP has great facilities and hundreds of programs, lectures, concerts and athletic events that are open to the public – many of them free! Let's go on a walk through campus with an IUP representative to learn about all the opportunities available to students and the community.

Coyote Walk with Game Warden

Saturday April 18th at 10am

Meet: Blairsville Riverfront Trail at South Water & West Brown Streets in Blairsville PA

Game Warden Chris Reidmiller will lead a walk on the Blairsville Riverfront Trail and talk about Coyotes. Learn about their preferred habitat, their life cycle and their biology.

brought to you by



For more information,
email bhaug@upstreetarchitects.com
or visit us on Facebook at
Indiana County Walking Decathlon.



see if the event is for you.

LEVEL OF DIFFICULTY →



Family Fitness Challenge at Healthy Kids Day

Saturday, April 18th time TBD

Meet: Indiana County YMCA at 60 N Ben Franklin Road, Indiana PA Families can enter a fitness challenge created by IUP Exercise Science students that challenge families with activities to test your strength, endurance, balance, coordination, cooperation and problem solving skills. Join the fun! For information and time of the event, please call the YMCA of Indiana County at 724-463-9622.

Historical Walk through Indiana Borough

Saturday, April 25th at 10 am

Meet: Indiana County Historical & Genealogical Society Library at 621 Wayne Avenue, Indiana PA Join residents from Indiana Borough's distant past on a walk as they recollect tales of historic Indiana.

Wood Duck Trail-Hemlock*

Saturday, May 2nd at 1pm

Meet: Hemlock Lake Park, 1420 SDA Camp Road, Rossiter PA Join local photographers Anthony Frazier, Cheri Widzowski and James Lafontaine to learn what makes them stop and take a picture. This will be their first time on the Wood Duck Trail at Hemlock Lake Park so we will look at the space through their eyes.

Spring Tree Walk in Saltsburg

Sunday, May 3rd at 1pm

Meet: Saltsburg Playground on Water Street in Saltsburg PA Walk through charming Saltsburg with IUP Biology Professor, Dr. Mike Tyree. Learn about the spring blooming trees and other plants along our tour.

Tanoma Wetlands*

Saturday, May 9th at 10 am

Meet: Tanoma Wetlands, 3900 Rayne Church Road, Tanoma PA Walk with Cindy Rogers, President of Evergreen Conservancy, to learn about the passive acid mine drainage treatment system, watersheds, plants, and see their renewable energy demonstration project. It is an easy ½ mile walk on a flat path.

Oakland Cemetery Tour

Saturday, May 16th at 10am

Meet: Elkin Mausoleum off Oakland Avenue, Indiana PA Join Professors Stacey and Kevin Patrick for a tour through Oakland Cemetery to learn meanings of common grave marker symbolism. Explore the cemetery as a rich resource in understanding the local histories.

Buttermilk Falls*

Wednesday, May 20th at 6pm

Meet: 570 Valley Brook Road, New Florence PA Join Ed Patterson for a rigorous walk in one of the most beautiful sites in all of Indiana County. Buttermilk Falls was once owned by Fred Rogers' Grandfather. Learn about its history and sensitive habitat that supports the special flora and fauna found at this site. It is a difficult walk to the bridge.

Homer City Caboose & Hoodlebug Walk/Ride

Saturday, May 23rd at 10am

Meet: Homer City Historical Society at 240 N Main Street, Homer City PA Join the Homer City Historical Society for a tour of their historical caboose. Afterwards, walk or bike the Hoodlebug trail through Homer City and enjoy the sites of this town founded in 1854. Bring your own bike and helmet if you plan to ride.

Spring Tree Hike with a Forester*

Saturday, May 30th at 9am

Meet: Lakeview Pavilion at Yellow Creek State Park, Penn Run PA Join us for a tree hike with local Service Forester, Chris Fatzinger. Late spring is a great time to view our trees come into their full beauty. The forester will help you learn how to identify certain trees, native bushes, and invasive species. Approx. 2-3 miles. Please wear hiking shoes, long pants, and bring water. For ages 8+.

Full Moon Howl Hike at Yellow Creek*

Friday, June 5th at 8:30pm

Meet: Environmental Learning Center at Yellow Creek State Park, Penn Run PA We will take a lovely hike under the full moon at Yellow Creek State Park as long as the weather cooperates. This hike will be approx. 2 miles. Wear long pants, hiking shoes, bring water and a flash light. Program is geared for adults, teens, and children, ages 7+. Preregistration is required by emailing Lisa Meadows at limeadows@pa.gov by 6/2/2020.

Nature Palooza Day 2020*

Saturday, June 6th from 10am-3pm

Meet: Blue Spruce Park - see map location for WalkWorks table Join the Children's Advisory Commission for a fun filled, nature exploration day at Blue Spruce Park. Many organizations with tables and activities for everyone. Great for families or individuals. Join the fun! At 1pm the Indiana County Decathlon committee will draw prizes for Decathlon program participants with 10 stamps or more.

*in cooperation with

FRIENDS OF THE PARKS

----- WE HOPE TO -----
SEE YOU THERE !